



Leeds Osteoporosis Support Group

Programme 2017

For further information
Tel: Tel 0113 2868193

Website: www.nos.org.uk/leeds

Group Meetings:

Monthly (except January and August)

Time: 2-4 pm

Oxford Place Centre, The Headrow
Nr. Leeds Town Hall LS1 3AU

£3 donation is welcomed and includes light refreshments

Topical speakers, information, advice, refreshments

Chairperson: Angela Appleyard
Tel: 0113 275 2368

Group Contact:
Pat Goodacre Tel 0113 2868193

PROGRAMME 2017:

Please note: Topics/speakers may change due to circumstances beyond our control.

Wednesday 1st February

Physiotherapy in the NHS
Catherine McLean, Senior Physiotherapist,
Leeds Teaching Hospitals Trust

Wednesday 1st March

Dementia Awareness
Laura Taggart

Wednesday 5th April

Massage and Aromatherapy
Teresa O'Driscoll

Wednesday 3rd May

Leeds Older People Forum and Time to Shine
Projects
Hanna Wilcock

Wednesday 7th June

Osteopathy
Nathan Reynolds

Wednesday 5th July

Leeds Bereavement Forum
Jane Robinson

Wednesday 6th September

Fragility Fracture Nurse
Leeds Teaching Hospitals Trust
(to be confirmed)

Wednesday 4th October

Exercise and Osteoporosis
Pat Sumner, Chartered Physiotherapist

FRIDAY 3rd November

Update on Osteoporosis, drugs, treatments and interpretation of DXA scans
Dr Steve Orme, Consultant Endocrinologist,
Leeds Teaching Hospitals Trust

Wednesday 6th December

Annual General Meeting and Christmas Party

9am—5pm
Monday, Wednesday, Thursday and Friday

Tuesday from 9am—7pm

Tel: 0808 800 0035

The National Osteoporosis Society works with the medical profession to facilitate greater understanding of the needs of people with osteoporosis. We encourage the government, health authorities and opinion leaders to prioritise osteoporosis as a serious health problem which demands better facilities. Our awareness campaigns aim to ensure every generation understands the importance of maintaining healthy bones and how to prevent osteoporosis.

Contact:

National Osteoporosis Society
Camerton Bath BA2 0PJ

Tel: 01761 471771 Fax: 01761 471104

Website: www.nos.org.uk

Email: info@nos.org.uk

