



**Produced by:-**

**Alzheimer's Society, Armley Grange Drive, Armley Grange,  
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Whilst every effort has been made to ensure the information in this leaflet is correct, Alzheimer's Society cannot accept any responsibility for suitability of services and venues in this publication.

Updated 20th October 2017

## **A world without dementia**

Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128)

A company limited by guarantee, registered in England and Wales (2115499) and the Isle of Man (5730F)

Registered office: 43-44 Crutched Friars, London EC3N 2AE.

**MEMORY  
CAFES  
IN LEEDS**

**WELCOME**



### De-Caf Central Cafe

Carers Leeds, 6-8 The Headrow, Leeds, **LS1 6PT**  
Second Wednesday of the month, 1.30pm-3pm  
Entrance and refreshments: £1.00  
Contact: Lisa on 0113 246 8338 for further details.

### M&S Memory Cafe

M&S Company Archive, Michael Marks Building, University of Leeds,  
off Clarendon Road, Leeds, **LS2 9LJ**  
Third Friday of the month, (except Bank Holidays), 1pm-3pm  
Entrance and refreshments: FREE  
Contact: Katie Entwistle on 0208 7182800 to book your place.

### Open Door Cafe

The New Headingley Club, St. Michael's Road, Headingley, Leeds,  
**LS6 3BG**  
Last Monday of the month, (except Bank Holidays), 1.30pm-3pm  
Entrance and refreshments: £1.50  
Contact: Fiona Porteous on 0113 2468338 for further details.

### Chapel Allerton Good Neighbours Cafe

31 Potternewton Lane, Leeds, **LS7 3LW**  
Every 2nd and 4th Monday of the month from 12.30pm-1.30pm  
Entrance: £2.00  
*For lunch, please book.* £4.00 (soup/sandwiches, tea or coffee)  
Contact: Gina or Sarah on 0113 887 3597 or 0783 475 2858 for further details.

### Al-Khidmat Dementia Cafe

Al-Khidmat Centre, 48 Spencer Place, Leeds, **LS7 4BR**  
Every Wednesday from 10.30am to 2.30pm  
Entrance and refreshments: £1.00  
Primarily persons of Pakistani and Kashmiri origin.  
Contact: Asghar Ali on 07851 259392 or email [alkhidmat@live.com](mailto:alkhidmat@live.com)  
for further details.



### Moor Memories Cafe

Adwalton House, Windsor Surgery, 1-3 Wakefield Road,  
Drighlington, **BD11 1DH**  
Forth Friday of the month, 1.30pm-3.30pm  
Entrance and refreshments Free of charge—donations welcome  
Contact: David Young on 0113 2852017 for further information.

### The Coffee Pot Memory Cafe

Drighlington Methodist Church, King Street, Drighlington,  
**BD11 1EH**  
Second Friday of the month, 1.30pm to 3.30pm  
Entrance and refreshments Free of Charge—donations welcome  
Contact: Trevor Martin on 0113 2854165 for further information.

### Monday Memory Meet

The Spotted Cow, 122 Whitehall Road E, Drighlington, Bradford,  
**BD11 1LJ**  
Last Monday of every month, 1.00pm to 3.00pm  
Entrance and refreshments Free of Charge—donations welcome  
Contact: Julie or Paul on 0113 2852558 for further information.

## Elf Day at Alzheimer's Society – 8th December 2017



Let your inner elf out to play on 8 December 2017 and help raise money for people affected by dementia. From dressing up as an elf to baking elfy treats, there's no limit to the fun you can have. Here are some ideas:-

- Download our Elf Day quiz sheet at [alzheimers.org.uk/elfmaterials](http://alzheimers.org.uk/elfmaterials) and host a festive quiz. Everyone pays to enter and there's a prize for the winning team.
- Office Olympics. How quickly can you decorate a Christmas tree? Who can wrap up a present fastest? Who can create the longest paper chain in 10 minutes? These are just a few suggestions – we're sure you can think of more. Everyone pays to enter, and the top Elf Olympian wins a prize.

Enjoy Elf Day, raise lots of funds for Alzheimer's that will help us to support our many service users around the region. See our website [www.alzheimers.org.uk](http://www.alzheimers.org.uk) for further details.

### St Mary's Memory Cafe

St Mary's in the Wood URC, Commercial Street, Morley, Leeds,  
**LS27 8HY**

First Thursday of each month, 1.30pm-2.30pm

Entrance and refreshments: £1.00

Contact: Heather on 0777 1572 850.

### Morley Elderly Action Memory Cafe

32 Wesley Street, Morley, Leeds, **LS27 9ED**,

Second Wednesday of the month, 1.30pm to 3.30pm

Entrance and refreshments: £1.50 (carers free)

Contact: Joanne Farrar on 0113 2534484 for further information.

### Penny Lane Cafe

Pudsey Congs Cricket Club, Intake Road, Pudsey, Leeds,

**LS28 9BZ**

Second Tuesday of the month. 2pm-4pm

Entrance and refreshments: £2.00.

Contact: Pudsey Live at Home 0113 256 2717 or Farsley Live at Home 0113 290 9340 for further details.

### Sunflower Memory Cafe

St Johns the Evangelist Church Hall, New Street, Farsley, Pudsey,

**LS28 5DJ**

Third Saturday of the month. 10am-12pm

Entrance and refreshments: £1.00.

Contact: Lorna on 0113 2298066 for further information.

### Caring Sharing Café

Pudsey Congs Cricket Club, Intake Road, Pudsey, Leeds,

**LS28 9BZ**

Forth Tuesday of the month, 2pm-4pm

Entrance and refreshments £2.00.

Contact: Pam or Pat at Pudsey Live at Home Scheme on 0113 256 2717 for further details.



### Roscoe Cafe

Roscoe Methodist Church, Francis Street, Chapeltown, Leeds,

**LS7 4BY**

Last Thursday of the month, 11.30am-1.30pm

Entrance and refreshments: £1.50

Contact: Grace Hickson on 0113 262 5131 for further details

### OASIS Cafe

Trinity United Church, Roundhay Road, Harehills, Leeds, **LS8 5PX**

Last Wednesday of the month, 11.30am-1.30pm

Contact: Mary Saddler on 0113 248 8422

### Companionship Cafe

Terry Yorath Centre, 18 Devonshire Close, Leeds, **LS8 1BF**

Last Monday of the month, 10.30am-12noon

Entrance and refreshments: £2.00

Contact: Heather Welsh at Home Instead on 07923 025299

### Hamari Yaadain—South Asian Cafe

Touchstone Support Centre, 53-55 Harehills Avenue, Leeds,

**LS8 4EX**

First Thursday of the month, 1pm-3pm

Entrance and refreshments: £1.00

Contact: Ripaljeet or Vanysha at Touchstone 0113 219 2727

### Roost Cafe

Oakwood Lane Medical Practice, 2 Amberton Terrace, Leeds,

**LS8 3BZ**

First Tuesday of the month, 10.00am-12.30pm

Entrance and refreshments: FREE

Contact: Call 0113 2953750 for further details.

### Memory Cafe

Montague Burton Resource Centre, Banstead Street West, Leeds,

**LS8 5RU**

Second and fourth Monday of the month., 2.30pm-4.30pm

Entrance and refreshments: £2.50

Contact: Paula Cox, Leeds Irish Health & Homes on 0113 2625614 for further details.

### [The Bank Cafe](#)

Richmond Hill Community Centre, Long Close Lane, Leeds,

**LS9 8NP**

Every Wednesday. 11am - 1pm (for over 55's)

Entrance is free and all food and drink is sold at low cost.

Contact: Nicola Farley at RHEA on 0113 2485200 for further details..

### [Reflections Dementia Café](#)

Trinity Network, Nesfield Road, Belle Isle, Leeds, **LS10 3LG**

Second Saturday of each month. 10.30am-12.30pm

Entrance and refreshments: £1.50.

Contact: 0113 270 3935 for further details.

### [Parnaby Pals](#)

Parnaby Tavern, 1 Middleton Road, Hunslet, Leeds, **LS10 2AB**.

Every Wednesday, 2pm-4pm

Entrance Free

Contact: Mark on 0113 271 2322 or Peter on 0113 288 9068

### [The Holbeck Feast Café](#)

Ingram Gardens Community Centre, 17 Ingram Gardens, Holbeck, Leeds, **LS11 9SA**

Last Saturday of the month, 9.15am-11.00am

Entrance including cooked breakfast: £3.00

Contact: Margaret on 07538 273945

### [Pot O' Tea Cafe](#)

St Andrews Community Centre, Old Lane/Cardinal Road, Beeston, Leeds, **LS11 8AG**

First Wednesday of the month, 1.30pm-3.30pm.

Entrance and refreshments: £1.50

Contact: Janice Newsome, Carers Leeds on 0113 2468338



### [Decaf East Cafe](#)

Garforth NET, The Firthfields Day Centre, Dover Street, Garforth, Leeds, **LS25 2LP**

Third Thursday of the month, 1pm-2.45pm

Lunch and entrance £4.50 or entrance only £2.00 (includes entertainment)

Contact: Monica at Neighbourhood Elders Team on 0113 287 4784

### [Tea Cosy Memory Cafe](#)

Parish Centre (behind Salutes), Church Street, Rothwell, Leeds, **LS26 0QL**

First Saturday of each month, 9.30am-12.30am

Entrance including breakfast: £3.00.

Contact: Peter Smith on 0113 288 9068 or 07845 935233 for further details.

### [Care n' Hounds Cafe](#)

Black Bull, 15 Commercial Street, Rothwell, Leeds, **LS26 0AX**

Every Monday, 2pm-4.00pm

Entrance: Free

Contact: Peter Smith on 0113 288 9068 or 07845 935233 for further details.

### [Buddies at the Bull](#)

Black Bull, 15 Commercial Street, Rothwell, Leeds, **LS26 0AX**

Every Tuesday, 2pm-4.00pm

Entrance: Free

Contact: Peter Smith on 0113 288 9068 or 07845 935233 for further details.

### [Cosy Corner Memory Cafe](#)

The Methodist Church, Church Street, Leeds, **LS26 8RD**

Every 3rd Thursday in the month, 2pm-3.30pm

Entrance and refreshments: £1.00.

Contact: Pauline on 0778 0601917 for further details.





### Memory Lane Café (Otley)

Over 60's Welfare Club, Nelson Street, Otley, **LS21 1ST**

Third Friday of the month. 1.00pm-3.00pm.

Entrance and refreshments: £4.00.

**Transport available for a small fee—please call 01943 463965 to book.**

Contact: Sarah Guyers at Otley Action for Older People 01943 463965 for further details .

### Meet Up Mondays

St Joseph's RC church Hall, 20 Westgate, Wetherby, **LS22 6LL**

Every Monday from 1pm-3pm

Entrance and refreshments: £3.00. *For Soup and a roll it is a £1.00 donation that is served between 1pm-1.30pm only*

Contact: Maureen at Dementia Forward on 01765 645904 or WISE 01937 58 8994 for further details

### The Sunshine Café

Collingham Village Hall, Main Street, Collingham, **LS22 5AT**

Last Wednesday of each month. 2pm-4pm

Entrance and refreshments: £2.00.

Contact: WISE 01937 58 8994 for further details

### Boston Spa Tea Party

Boston Spa Village Hall, Jubilee Room, 199 High Street, Leeds, **LS23 6AA**

Second Tuesday of the month, 2pm-4pm

Entrance and refreshments: £2.00.

Contact: WISE 01937 58 8994 for further details

### Cielo Garforth Memory Cafe

41 Main Street, Garforth, Leeds, **LS25 1DS**

Fortnightly on Tuesdays (starting Tuesday 4th July), 1pm-3pm

Entrance and refreshments £1.00

Contact: Linda Castle on 0113 286 3534 at Cielo.



### The Garden Cafe

Ingram Gardens Community Centre, 17 Ingram Gardens, Holbeck, Leeds, **LS11 9SA**

Second Monday of the month, 12.30pm-2.30pm.

Entrance and refreshments: £2.00

Contact: Matthew Springthorpe, Holbeck Elderly Aid on 0113 2455553 for further information.

### Corner Flag Café

Leeds United Football Ground, Elland Road, Leeds, **LS11 0ES**

*(Go to Entrance number 6 in the West Stand It is in the Leeds United Foundation Area next to the First Aid site and just inside the Ground Tunnel where there is a large blue sliding concertina door)*

Fourth Thursday of the month, 3pm-5pm

Contact: Debbie Marshall, Adult Social Care on 0789 1271 980 or Alan Schofield on 0113 3676059.

### Cop Shop Memory Cafe

West Yorkshire Police HQ, Leeds District HQ Community Room, Elland Road, Beeston, Leeds, **LS11 8BU** *(entrance through the main reception doors)*

Last Wednesday of the month, 1pm-3pm

Contact South Leeds Live at Home Scheme on 0113 271 6201.

Email: southleeds.liveathome@mha.org.uk.

### Forget Me Not Cafe

Hamara Centre, Tempest Road, Beeston, Leeds, **LS11 6RD**

Second Tuesday of the month, 10.30am to 12.30pm

Contact: Arif at Hamara Centre on 0113 277 3330

### Memory Lane Cafe (Armley)

Armley Helping Hands, Strawberry Lane Community Centre, Strawberry Lane, Armley, Leeds, **LS12 1SF**

Third Thursday of the month, 12pm-2.30pm

Entrance and meal: £2.00. £2.50 with transport.

Contact: Karen at Armley Helping Hands 0113 279 9292—**PLEASE NOTE TO ATTEND THIS CAFÉ YOU MUST BE REFERRED BY ARMLEY HELPING HANDS—no singles—must be accompanied by friend/family or carer.**

### Hidden Memories Café

Hawthorn Mill Sheltered Housing, Cobden Road, Lower Wortley, Leeds, **LS12 5HQ**

First Thursday of every month, 1pm-3pm

Contact: Sandra Clibbens on 0113 2311 561 from 2.30pm to 4.30pm Monday to Friday.

### Hug-in-a-Mug Cafe

Seacroft Grange Care Village, The Green, Seacroft, Leeds, **LS14 6JL**

Last Tuesday of every month, 2pm-4pm

Entrance and refreshments: £2.00.

Contact: Angela or Iria on 0113 345 2300

### Birds Of A Feather Café

Crossgates & District Good Neighbours Scheme, Station Road, Leeds, **LS15 7JY**

Third Tuesday of every month, 1.30pm-3.30pm

Entrance and refreshments: £2.50

Contact: Moira 0113 260 6565/[moira@crossgatesgns.org.uk](mailto:moira@crossgatesgns.org.uk)

### St Chad's Memory Café

St Chad's Church, Otley Road, Far Headingley, Leeds, **LS16 5JT**

Second Monday of every month, 1.30pm-3pm

Entrance and refreshments: £1.00

Contact: Revd. Tom Lusty on 0113 278 2475.

### Remember When Group and Carer's Cafe

Quaker Meeting House, New Adel Lane, Leeds, **LS16 6AZ**

Every 2nd and 4th Tuesday of the month, 1.45pm-3.45pm

Entrance and refreshment: £2.00. £3.00 with transport (for OPAL members only—to book). *You need to contact the office if you would like to come along.*

Contact: Sally-Anne on 0113 2619103 for further details or email [sally-ann@opal-project.org.uk](mailto:sally-ann@opal-project.org.uk).



### Tea Cosy Café (Leeds)

Lidgett Lane Community Centre, Lidgett Lane, Leeds, **LS17 6QP**

First Wednesday of the month from 11.00am—1.30pm

Entrance and refreshments: £1.00.

Contact: Lidgett Lane Community Centre on 0113 237 0506 or 07464 837370 for further information. Email: [lidgettlan-ecc@yahoo.co.uk](mailto:lidgettlan-ecc@yahoo.co.uk).

### Sweet Memories Cafe

Shadwell Independent Library, 99 Main Street, Shadwell, Leeds, **LS17 8LW,**

Second Tuesday of the month, 10.30am-12.30pm

Entrance and light lunch: £3.50

Contact: Pam on 0776 1288133

### Smile Memory Cafe

Central Methodist Church, Town Street, Horsforth, Leeds,

**LS18 4AP**

Fourth Wednesday of the month, 10am-11.30am

Entrance and refreshments: £1.00.

Contact: Sally Metcalfe at Horsforth Live at Home on 0113 2591511 for further details

### Forget Me Not Cafe (Yeadon)

Yeadon Cricket Club, High Street, Yeadon, **LS19 7TA**

First Wednesday of the month, 1.30pm-3.30pm

Entrance and refreshments: £1.50.

Contact: Millfield House on 0113 855 9350

### Memory Lane Café (Yeadon)

Yeadon Town Hall, High Street, Leeds, **LS19 7PP**

Last Friday of the month. 1pm-3.30pm

Entrance and refreshments: £2.00.

Contact: Amanda Botterill at Yeadon Charities Association 07989 356923 for further details.

