



Leaflet produced by the Alzheimer's Society.

For more information regarding Memory Loss/Dementia problems please contact:

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Carers' Groups in Leeds

**Monthly meetings for carers of people
with dementia**



North West Leeds

Restaurant, Wharfedale View, Yeadon, LS19 7FA

Last Tuesday of the month from 2pm—3pm.

A meeting for carers to relax, have a chat and discuss any issues that they are experiencing in a friendly atmosphere. A separate group with activities and support for the cared for person is available.

Contact: **Dawn Perkins at Carers Leeds on 0113 0113 246 8338 or Margaret Goodyear from CMHT NW on 0113 855 9350.**

West Leeds

Pudsey Wellbeing Centre, Robin Lane, Pudsey, Leeds, LS28 7BR.

Last Monday of the month. (except bank holidays when it will be held on the Monday before) from 10.30am—12pm.

A meeting for carers to relax, have a chat and discuss any issues that they are experiencing in a friendly atmosphere.

Contact: **Angela Thompson at Carers Leeds on 0113 246 8338**

South West Leeds

Church of the Nazarene, Albion Street, Morley, Leeds, LS27 9BX

Every 2nd Thursday of the month from 1.30pm—3pm.

A monthly dementia carers support group and drop in.

Parking is available in Morrison's Car Park or Morley Leisure Centre.

Contact: **Lisa McAvan at Carers Leeds on 0113 3804307.**

The Black Bull, 15 Commercial Road, Rothwell, Leeds, LS26 0AX

Every last Wednesday of the month from 10.30am -12 midday

A monthly group open to carers and the person they care for.

Contact: **Lisa McAvan at Carers Leeds on 0113 3804307 or email li-**

