



Friendly Communities


The **Friendly Communities** project brings together the Age Friendly and Dementia Friendly initiatives to help make Leeds the best city to grow old in.

Friendly Communities is led by Leeds Older People's Forum, in partnership with Leeds City Council, alongside other local and national partners.

It is part of the Time to Shine programme which aims to reduce social isolation and loneliness amongst older people.

Want to get involved?

Contact Sarah and Jude

 0113 244 1697

 Sarah@opforum.org.uk

Jude@opforum.org.uk

 www.timetoshineleeds.org/

 [@TTSLeeds](https://twitter.com/TTSLeeds)





Age Friendly Leeds aims to make Leeds a place where older people can actively participate in all aspects of community life. A place where older people are valued, as the assets they are to our city.

Guided by older people, and on behalf of the Leeds Age Friendly Partnership, we are working with a range of organisations, businesses and individuals to help make Leeds the best city to grow old in.

Dementia Friendly Leeds is a campaign to raise awareness of dementia and make services more accessible. The aim is to ensure that people who are living with dementia and their carers remain an active part of their community and keep doing the things they enjoy.

It is a partnership between Leeds Older People's Forum and Leeds City Council, working with any organisation, business or individual who wants to work towards becoming dementia friendly.