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| **21 test and learn questions that the Time to Shine programme aims to answer** |

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| **Key word:** | **Question #** | **Test and Learn questions to answer:** | **Outcomes link:** |
| Barriers: | 1 | What barriers to participation are happening now for participants and volunteers? | 2 |
| Prevention: | 2 | Does Time to Shine help prevent social isolation and/or loneliness? | 1 |
| Sustainability: | 3 | What enables successful projects / programmes to become sustainable? | 4 |
| Reaching out: | 4 | Are we reaching socially isolated and/or lonely older people? How? | 1 |
| Diversity: | 5 | What approaches work best to engage target groups of people most at risk of social isolation and/or loneliness? | 2 |
| Replicable: | 6 | Can elements of the programme be replicated or expanded successfully? | 4 |
| Commissioning: | 7 | How has the learning from Time to Shine been used to inform commissioning in Leeds? | 4 |
| Legacy: | 8 | What is Time to Shine's legacy? Can impact be measured beyond 2021? | 1 |
| Feelings: | 9 | How does loneliness and/or social isolation make people feel? | 1 |
| Complexities: | 10 | What are the complexities behind loneliness and people's experiences of loneliness? | 3 |
| Triggers: | 11 | What attracted or motivated people to join in an activity? | 2 |
| Co-production: | 12 | To what degree has the programme been led by a diverse group of older people? | 3 |
| Impact 1: | 13 | How has involvement in Time to Shine made individual people feel? | 1 |
| Impact 2: | 14 | Have people developed social networks / accessed other services after becoming involved? | 2 |
| Approaches: | 15 | How has the learning from Time to Shine been used to inform delivery partner or Time to Shine approaches? | 3 |
| (Not) worked: | 16 | What has worked? What hasn't worked? Why? For whom? | 3 |
| Awareness: | 17 | Have we increased awareness of social isolation and/or loneliness and the support services available in Leeds? | 2 |
| Stigma: | 18 | Have we reduced the stigma of social isolation and/or loneliness and changed public perceptions? How? | 4 |
| Partnerships: | 19 | Have new partnerships been formed? Are organisations working 'better together'? | 4 |
| Benefits: | 20 | How have older people and communities benefited from new partnerships and new ways of working? | 4 |
| Intergenerational: | 21 | What has been the impact of intergenerational approaches on both older people and their wider communities? | 2 |