



Healthy, warm and well grants: guidance for 3rd sector organisations

Leeds Older People's Forum is launching a grant round for third sector organisations and community groups to meet the immediate needs of older people (aged 60+) resulting from winter and the cost of living crisis.

Timetable for grants:

Open: February 17

Close: 12:00 noon, March 3

Decisions: by March 10

Who can apply?

Applications will be accepted from third sector organisations, from small community groups to larger registered charities. Organisations must be able to demonstrate their ability to meet the needs identified, engage with and work to support older people, aged 60+ living in Leeds. Organisations must have a bank account.

How much can be applied for?

Grants of up to £5,000 are available.

How do we apply?

Applications must be submitted using [the online form](#), by 12:00 noon, March 3.

What kind of activities can grants pay for?

Grants can be used for activities which:

- meet immediate pressures and problems due to the cost of living crisis, including provision of hot meals; equipment such as slow cookers alongside cooking workshops; provision of energy vouchers.
- alleviate the impact of the cost of living crisis through 1:1 support and group activities to reduce isolation and loneliness. For example: warm space activities; opportunities to socialise; activities to support physical and mental wellbeing, and opportunities for social engagement, including travel costs
- promote healthy behaviours - for example, Tai Chi - following deconditioning
- maximise income, such as outreach work, including promoting and supporting applications for attendance allowance or pension credit

What needs to be included in a funding application?

Applications should demonstrate:

- an ability to meet needs of older people aged 60+
- support, projects and activities to help people overcome practical issues, stay healthy and/or reduce social isolation and loneliness.
- support for individuals and communities vulnerable to the impact of winter and the current cost of living crisis

What conditions are there?

- Organisations can apply as the sole deliverer or with local partners reaching vulnerable groups.
- Grants can be used to complement and/or enhance existing activities
- Grants are for immediate spend: we expect all grants to be spent by the end of June when we will expect monitoring returns.
- Grant holders will be required to provide light touch monitoring, including demographic information on the individuals supported by the grant as well as case studies or brief stories to highlight the impact of the grants. This will enable LOPF to understand the reach and impact of the Healthy warm and well grant fund.
- Applications must be submitted using [the online form](#), by 12:00 noon, March 3.

Where can we get more information?

- If you have any questions before applying, please contact Jo Volpe (Leeds Older People's Forum) - jo@opforum.org.uk / 0113 244 1697
- All grant recipients will be invited to at least one briefing from LOPF and Public Health where we will provide updates from both a local and national perspective on staying well and the cost of living crisis, and will signpost to relevant communications assets and updates in Leeds.

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