

# TRENDING ELDERS

Quarterly  
survey  
#1



January-  
March  
2023

## RESULTS SNAPSHOT

- 6 Survey responses
- 6 Organisations represented
- 5 Prominent issues raised

## QUOTE OF THE QUARTER

"Older people are experiencing fuel poverty, and many are having to choose between keeping warm and eating well. Some have cut down on the amount of meals they have per day."

## ISSUES

## DETAILS

### **Banks closures**

Bank closures post-pandemic make life harder for those used to being able to go into a branch to withdraw their money. .

### **Loneliness and isolation**

Closed waiting lists for mental health charities mean there is a lack of resources for those struggling with their mental health, in particular loneliness and isolation.

### **Cost of living**

The cost of living crisis has seen increases in price of both food and fuel.

### **Transport problems**

Cancelled services and a cut on routes has made a huge impact on those who rely on public transport.

### **Medical waste service**

A push to make this service online only has left some without access to this vital service.

# WHAT ARE OUR MEMBERS FACING?

"One member goes to the bank weekly to withdraw cash she uses for her food shopping, taxis and hair cut. She has dementia. We have helped her get a signature bank card so that she can pay for things that way."

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OPAL

"The cost of bread and milk in particular has been raised on numerous occasions."

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Anon

"Mental health problems are a huge theme since the end of the lockdowns. We have seen several cases of hoarding and lots of people who are struggling to cope with managing their health and isolation. Accessing NHS support is harder than ever for people."

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Anon

"Another member goes to the bank once a week to withdraw cash for food shopping. We have helped her get a bank card and have been teaching her how to use contactless. "

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OPAL



**Trending elders is LOPF's quarterly survey of members, through which we gather up-to-date intelligence on the issues affecting older people in Leeds.**

**It's an important tool for increasing the collective voice of our members, and the older people they work with. We can use quarterly reports to:**

- **increase our own understanding of what's going on**
- **brief politicians and media**
- **influence commissioners and funders**

## **Use your voice!**

Please become a regular respondent to Trending Elders. We ask just three regular questions in an online survey, making it very quick to do.

Please contact [jenni@opforum.org.uk](mailto:jenni@opforum.org.uk) if you would like to help amplify our collective voice.

Thankyou to all our respondents this quarter.

**[www.opforum.org.uk](http://www.opforum.org.uk)**