



# Lesson Plan Mobile 1: PhoneSettings

The benefits of delivering this lesson first is it allows the tutor to get to know the learners devices and that they have everything set up correctly to take part in the lesson including knowing their passwords.

Participants will learn essential skills to navigate and customise their smartphones, including setting up the home screen, locating important features, and downloading apps.		
Participants' smartphones or tablets		
Whiteboard/flip chart and markers		
Access to an app store (Google Play Store or Apple App Store)		

### Lesson 1: Introduction to the Home Screen

Introduction	Discuss - Importance of home screen - compare to index page of a book - Easy access to frequently used apps - Show home screen layout pictures in workbook.			
Exercise 1: Set up your home screen	-Demonstrate moving apps on the home screen - Guide participants to organise home screens - Place essential apps at the bottom . Adjust text and icon size in phone settings for those with visual problems. Observe them doing this task so you know who has achieved it			
Exercise 2: Home	Discuss securing home screen with PIN or fingerprint - Ask participants to locate phone user manual - Highlight its			
Screen Security and User Manual	significance for troubleshooting			

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Introduction	Discuss key features to locate - On/Off switch, Volume switch, Home button, etc. Demonstrate on your device				
Exercise 1: Finding Basic Phone Features	Work through checklist in workbook - Locate features on participants' phones - Walk around to check and assist - Allow time for independent exploration .				
Exercise 2: Control Center Exploration	Guide in finding Control Center on Apple and Android - Discuss Torch, Battery Life, Power Saving Mode, Wifi icon, and Do Not Disturb settings - Use checklist to locate icons on their phones				

## Lesson 3 Download an App

Introduction	Explain importance of apps and their uses				
Exercise 1: Downloading an App	Walk through searching and downloading process - Emphasise reading instructions and checking reviews - Explore unaided to reduce fear of tapping				
Exercise 2: Exploring Useful Apps	Discuss tips for app downloads - Highlight useful apps like YouTube, BBC, NHS, Banking Apps, games etc				

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### Closure Recap key points learned and encourage exploration and practice

Lesson Checking Questions

- 1. Why is it important to place essential apps at the bottom of the home screen?
- 2. What security measures can you set up on your home screen?
- 3. Name one function from the Control Centre discussed in the lesson
- 4. When might you use the Power Saving Mode?
- 5. Show me which app you use to download apps.
- 6. Why is it important to check app reviews before downloading?
- 7. Why is it important to organise and customise your phone settings?
- 8. Can you name one feature in the Control Centre that can help you save battery?

#### **Reflection notes for next time**

Consider what went well and how long each exercise took. Would you add anything next time or take anything out. What questions did you receive? How confident are you that they have learnt the subject and do they need more practice