

Men's Health Unlocked (MHU) Support Officer

Job Description

Job Title: MHU Support Officer

Responsible to: MHU Project Manager

Employed by: Leeds Older People's Forum

Salary: SO1, SCP 25 **£36,363 FTE**

Hours: 28 hours per week (4 days)

About Men's Health Unlocked (MHU)

This is an exciting time for men's health and wellbeing both in Leeds and nationally. Leeds is widely regarded as a leader in the field, as demonstrated in the publication of the ground-breaking [State of Men's Health in Leeds Report](#) (2016), and through the emergence of Men's Health Unlocked (MHU) as the first network of its kind in the country.

Since its inception in 2020, the MHU partnership has advocated for men's health inequalities at both local and national levels, for example submitting this [report](#) to the Call for Evidence on behalf of the network members. It has also developed local initiatives such as the Northern Man Festival, Men's Health Awareness sessions, numerous outreach activities and a regular co-produced zine.

MHU is now entering a new phase, concentrating more closely on the strategic elements of its work, alongside launching a new Gambling Awareness project across the city.

About Leeds Older People's Forum (LOPF)

Leeds Older People's Forum is a registered charity that exists to promote the wellbeing of older people in the city of Leeds. We're a membership organisation working to ensure older people have the opportunities, freedom and support to live the life they want.

Together, we've been working with and for older people since 1994 to make Leeds the best city to grow old in. Our members work closely with older people across a diverse range of areas, including Men's Health, health, social care, housing, transport, financial inclusion and leisure.

Whilst MHU sits within LOPF, it supports men and boys of all ages.

Aims of this post:

To support the Men's Health Unlocked project in Leeds and the workstreams within which contribute to better outcomes for men and boys in the city. This currently includes our Gambling Awareness Volunteer (GAV) Project. The post will support our aims to connect decision makers, organisations and men to learn and develop good practice across the network, and raise awareness of issues affecting men at all levels.

Key Roles

- Promote the Gambling Awareness Volunteers (GAV) opportunity to community organisations across the city, developing promotional material and other promotional activities.
- Identify and support community organisations to arrange GAMCARE gambling awareness sessions and recruit Gambling Awareness Volunteers, proactively identifying any issues and helping participating organisations to identify and action solutions.
- Support and attend the awareness sessions and promotional events for the Gambling Awareness Volunteers project, and lead on associated administration thereof.
- Support the monitoring of the GAV Project.
- Lead communications, including production of the MHU newsletter, social media posts, and maintaining website content.
- Organise events, workshops and roundtables which bring together statutory partners, academics and community organisations to identify and address gendered health inequalities relating to men and boys.
- Maintain our CRM, i.e. ensure our contacts database is up to date
- Support representation of MHU at external meetings and events e.g. the Engaging Leeds Men (Support for Male Victims of Domestic Abuse - Strategic Group) or the Gambling Harms Awareness Network.

General

- To develop and deliver the project according to a work plan.
- To participate in regional and national activity, e.g. conferences and network events, as required.
- To contribute to the development and delivery of the MHU projects.

Other Duties

1. To identify your own training needs and undertake training

2. To attend staff meetings and regular supervision
3. To carry out further duties commensurate with the post.
4. To carry out the duties of the post with due regard to LOPF's Equal Opportunities policy.

Competency Framework

As well as our competency framework below, we expect any post holder:

- To have an understanding of gambling-related harm
- To have a good working knowledge of gendered health inequalities relating to men and boys; or other health inequalities, e.g. women's health, learning disability.
- Be comfortable applying and promoting a "male health lens" approach to their work whilst maintaining an equitable approach to all genders
- Be able to pursue and advocate an evidence-led approach to supporting health inequalities

The MHU Support Officer will be able to demonstrate they have the essential competencies evidenced through their skills, knowledge and experience gained from, but not limited to, working in a responsible strategic and/or senior management role within an organisation. They will also share LOPF's [core beliefs and values](#) and demonstrate a passion to make life better for older people.

LOPF's Competency framework is divided into three clusters.

Cluster One - Setting Direction:

1. Seeing the big picture is about having an understanding and knowledge of how your role fits with and supports the organisational aims and wider needs of men in Leeds.
2. Making effective decisions and taking responsibility, aligning all we do to the values of our organisation
3. Changing and improving is about taking initiative and seeking opportunities to create effective change - modelling MHU and LOPF's test, learn, improve ethos

MHU Support Officer will have the ability, experience and knowledge to:	Understand own work area, actively seeking out and sharing experience to ensure their priorities are aligned to the goals and values of the organisation.
	Recognise patterns and trends and understand the scope of own decision-making authority and empower team members to make decisions.
	Review procedures or systems within the teams to identify improvements in their area; preparing and responding to change within their own team

Cluster Two - Engaging People:

1. Showing pride and passion for MHU and LOPF's work and campaigns
2. Collaborating and partnering - at all levels, it requires working collaboratively, sharing information appropriately, and building supportive, trusting relationships with colleagues inside and outside of LOPF.
3. Building Capability for All - is about creating a learning and knowledge culture, supporting our teams internally and our delivery partners to be effective now and in the future.

MHU Support Officer will have the ability, experience and knowledge to:	Communicate in a straightforward, honest way, standing your ground when needed, role modelling enthusiasm and energy for your work.
	Actively seek input from a diverse range of people to support your area of work.
	Proactively manage their own career and identify their own learning needs with a line manager, plan and carry out work-placed learning opportunities.

Cluster Three - Deliver Impact:

1. Achieving outcomes - ensuring all activities are delivering against MHU and LOPF's strategy; identifying issues affecting older people and using these to develop models/partnerships to deliver impact
2. Managing quality, understanding and articulating diversity and creating appropriate, cost-effective delivery models to have a positive impact on older people and on the third sector.
3. Delivery at Pace is about taking responsibility for the outcomes we want to deliver, building a culture where staff are given space, authority and support, whilst maintaining a focus on our priorities.

MHU Support Officer will have the ability, experience and knowledge to:	Actively encourage ideas from a wide range of stakeholders and sources and use these to inform one's own thinking.
	Gather evidence, and consider different ways of working

	with partners and stakeholders to achieve better outcomes for older people and for the third sector.
	Plan ahead but reassess workloads and priorities if situations change or there are conflicting demands.